

TODDLER 2 TEEN together with STAYING CONNECTED WITH YOUR TEEN

A five week workshop for parents with
Pre-teens & teens

Week 1: T2T: Developmental stages; Risk factors for problem behavior

Week 2: Family meetings; Effective parenting styles; solving family problems

Week 3: Communication; The power of feelings; Anger Control

Week 4: getting your teen involved; Establish a Family Policy; Consequences

Week 5: Peer influences; refusal skills; supervision strategies; Bonding

Fall 2017 Session dates:

*September 25, 6:00p.m-8p.m

location: 610 court street The Dalles OR.

* October 2, 9, 16, & 23. 4pm-6p.m.

Location: 202 East 5th St The Dalles OR.

****Must attend all classes to receive certificate of completion****

To Register Call: Jensie Bryan (503) 847-0288.

The classes are **FREE**, and snacks will be provided. Limited space available, RSVP your spot.